

## Useful Contacts

### NSPCC 24 hr FGM Helpline

Free 24-hour advice and support to protect UK children from FGM - 0800 0283550 or email [fgmhelp@nspcc.org.uk](mailto:fgmhelp@nspcc.org.uk)

### Bloomsbury Nursery School & Children's Centre

Confidential support workers can offer practical and emotional support - 0121464 2034

### Birmingham and Solihull Women's

**Aid** 0121 685 8550  
[www.bswaid.org](http://www.bswaid.org)

### Muslim Women's Network UK

54-57 Allison Street  
Digbeth, Bham  
0121 236 9000  
[contact@mwnuk.co.uk](mailto:contact@mwnuk.co.uk)

### African Well Woman's Service

Birmingham Heartlands Hospital  
Alison Byrne 0781 7534274  
[alison.byrne@heartofengland.nhs.uk](mailto:alison.byrne@heartofengland.nhs.uk)

This leaflet has been designed by members of Bloomsbury Nursery School and Children's Centre **Parent's Forum.**

The group of parent volunteers wish to raise awareness of FGM and the long term effects for FGM survivors.

Members of the Parent's Forum strongly oppose the practice of FGM, yet recognise the sensitivity surrounding this issue

The forum is represented by members from our local community, from a variety of backgrounds and faiths.

**The forum's motto is simple;**

**'Together Lets Say  
No To FGM.'**

# Female Genital Mutilation



## Information & Help



## What is Female Genital Mutilation?

Female Genital Mutilation is any procedure which involves the partial or complete removal of the external female genitalia.

## FGM & Religion

There is no link between the practice of FGM and religious belief.

Girls from a variety of religious backgrounds are affected as this is a social not a religious custom.

The Bible and Qur'an do not say that FGM should be carried out.

FGM takes place across the world; practiced within many communities.

Religious views on female genital mutilation (FGM) vary even within the same religious tradition.

## Health Problems of FGM

- ◆ Severe pain and shock
- ◆ Repeated urine infections
- ◆ Chronic pelvic infections
- ◆ Psychological problems
- ◆ Difficult labour, putting Mothers & Babies lives at risk
- Infertility



## FGM & The Law

All types of FGM have been **illegal in the UK** since the 1985 Female Circumcision Prohibition Act. The new **FGM Act 2003** updates and extends the original act.

It is an offence to take UK nationals and those with permanent UK residency overseas for the purpose of FGM. A person convicted of the offence under the FGM Act is liable to **imprisonment for up to 14 years.**